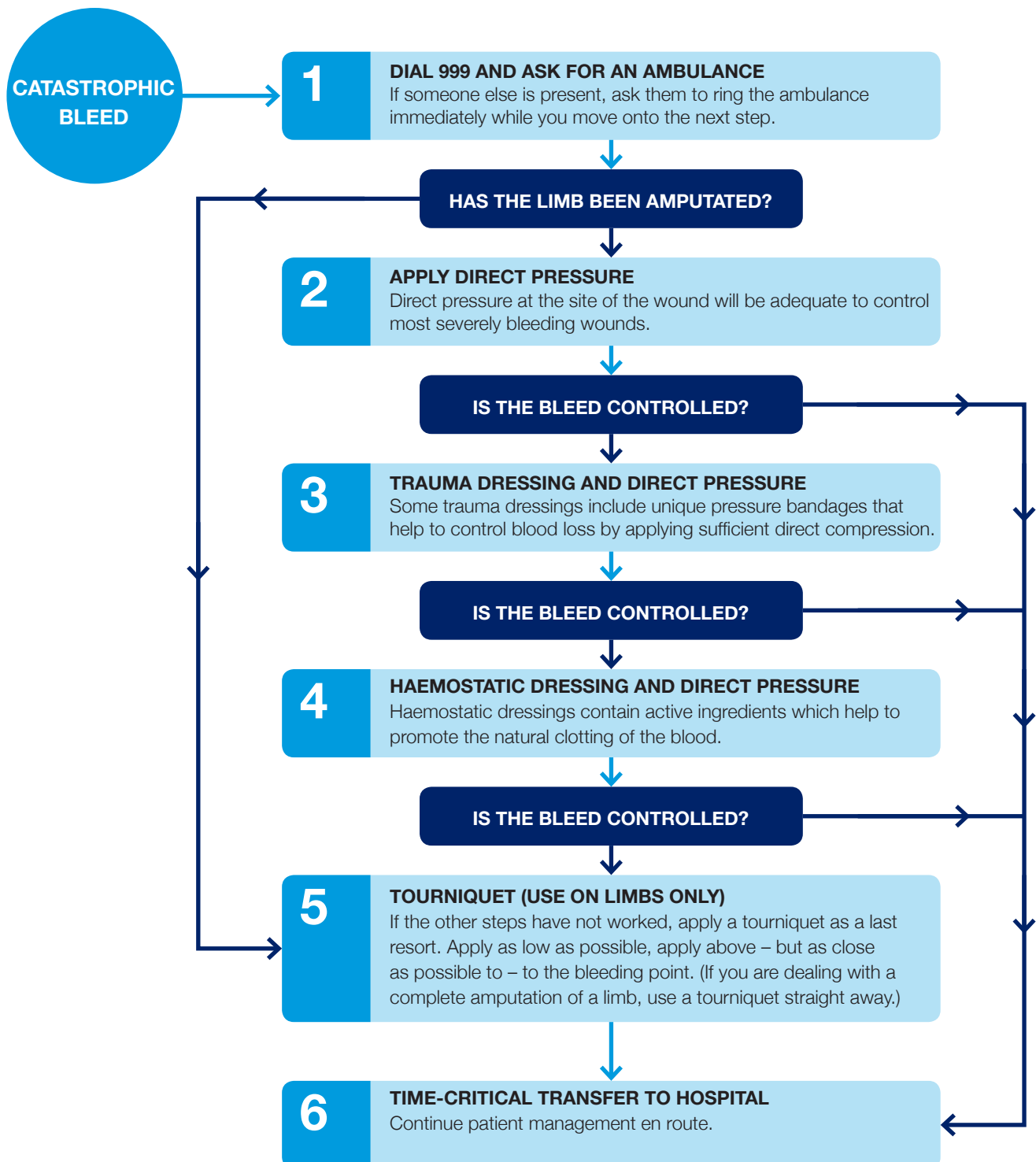


# Get Wise to using a tourniquet

## A guide to Haemorrhage Control Pathway



### Catastrophic Haemorrhage

Catastrophic haemorrhage is the term used to describe a severe bleeding injury that is likely to cause death in minutes. There are different methods of treating catastrophic haemorrhage depending on the severity and location of the injury. However, not all techniques are appropriate to apply everywhere on the body.

#### NECK AND ABDOMEN

- ✓ DIRECT PRESSURE
- ✓ TRAUMA DRESSING
- ✓ HAEMOSTATIC DRESSING
- ✗ TOURNIQUET

#### HEAD

- ✓ DIRECT PRESSURE  
(unless you suspect a skull fracture)
- ✓ TRAUMA DRESSING
- ✗ HAEMOSTATIC DRESSING
- ✗ TOURNIQUET

#### LIMBS

- ✓ TOURNIQUET
- ✓ TRAUMA DRESSING
- ✓ HAEMOSTATIC DRESSING
- ✓ DIRECT PRESSURE

#### CHEST

- ✓ DIRECT PRESSURE
- ✓ TRAUMA DRESSING
- ✗ HAEMOSTATIC DRESSING  
(Cannot be used on sucking chest wounds)\*
- ✗ TOURNIQUET

\*Chest seals are the recommended first aid device for dealing with sucking chest wounds

To find tourniquet and first aid suppliers, visit [www.bhta.com](http://www.bhta.com)

British Healthcare Trades Association  
Office 404 · Tower Bridge Business Centre  
46-48 East Smithfield · London · E1W 1AW

Telephone: 020 7702 2141  
Email: [bhta@bhta.com](mailto:bhta@bhta.com)

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